

Affiliates in Urology

Dr Mahmood Hai, Dr Muzammil Ahmed, Dr Vijay Kotha
33545 Cherry Hill Road, Westland and 2421 Monroe St Suite 200, Dearborn
tel 734-595-1166 fax 734-595-6821 www.affiliatesinurology.com

Discharge Instructions Pediatric Surgery

What to Expect After Surgery

1. It is common to have a lot of bruising and swelling around the incisions. There are no staples or stitches to be taken out. There can be **small discharge** also. A scab like material, which is actually glue used to protect the incision, may be present. These will all go away over the course of 7-10 days.
2. Children may experience some nausea and constipation after surgery. Please feed them light food initially, such as juices, Popsicle and Jell-O. You may give them regular food once they are feeling better.
3. For circumcisions, please apply an ointment to the wound several times a day for about 1 week. The stitches will fall off by themselves in 2-4 weeks.

Activity and Diet

1. Avoid strenuous activity and horseplay. Avoid straddling, bike riding and other activities where the surgical site can get bumped or the child can fall. Your doctor will tell you about resuming sports and gym at school.
2. Please check the wound periodically, but do not rub/manipulate for 1-2 days.
3. The child may take showers the day after surgery. However, do not sit in a bathtub or submerge the incision in water for 5 days.
4. Avoid caffeinated drinks, carbonated products and alcoholic drinks until urination has returned to normal. Drink plenty of juices and water.
5. Please take the medications as prescribed by your physician. You may resume the usual home medications unless directed otherwise by your doctor. The child may take narcotic pain medication (codeine) only as needed for moderate pain. Please give age appropriate Tylenol or Ibuprofen for milder pain.

When to Contact Your Doctor

1. Excessive **bleeding**. In particular, if you see ongoing oozing from the wound after a circumcision please call the on-call physician. Some spotting in the diaper/underwear (less than 2 inches in size) is normal.
2. Temperatures greater than **101.5 degrees**.
3. Excessive nausea and **vomiting** preventing the child from keeping down fluids or medication
4. Pain that is not controlled with medication.
5. Significant **swelling** or pain in the legs, shortness of breath or chest pain.
6. An on-call doctor is available 24 hours a day through the answering service for problems. However, if it is an emergency, call 911 and/or go to the emergency room and have them contact us.

Please call the urology office today to schedule your **follow-up** appointment. Our office can be reached by calling 734-595-1166 during normal business hours. If the office is closed, call the **answering service at (313) 396-0736** to reach the on-call physician for problems.